

Barbara Decker presents:

The Graduates' Community

Exclusive VIP Invite for Transformative Boundaries Experience graduates.

Hi, it's Barbara.

You're about to graduate from The Transformative Boundaries Experience and I want to talk about what's next on your journey.

You know that your child's recovery doesn't always follow a linear path. Sometimes it's one step forward, two steps back.

The same is true for us moms. We're recovering from the Mom Code. And like our kids, we may falter from time to time.

That's why it's so important to have a plan, to keep you on track. Keep moving forward on this marathon.

And you need to stay surrounded by people who:

- Understand what you're going through
- Will "love you through it" (even when things get messy)
- Can give thoughtful feedback and ideas from their own experience

While most "parent support programs" don't encourage cross-talk, we believe it's an essential part of the journey. It's baked into everything we do.

Including — and especially — The Graduates' Community. Our year-long program for graduates of one or more of our programs.

Who is this for?

- Women who are committed to making themselves a priority
- Women who want to move from worrier fully into Solution-Oriented Warriors
- Moms who love to lift up others and share advice, ideas and strategies from their own experience
- Women committed to making “Love Another Way” their way of life
- Moms who want to be the absolute best version of themselves
- Women who want to reclaim their power and live life on their own terms
- Moms who want to engage with their kid in ways that actually encourage recovery
- Graduates of Decode Addiction (or other Live Well & Fully programs)

Who is this **NOT** for?

- Moms who’d rather blame, complain and justify their experience, rather than take concrete actions
- Women who don’t care about supporting others on their journey
- Moms who aren’t ready to let go of the Mom Code
- Women who believe investing time and money in themselves is foolish

Here’s how it works:

The Graduates' Community isn't a “program”. It’s more like a neighborhood.

In the neighborhood are other community members, of course. Along with various resources you can choose to take advantage of, as you need them.

Our neighborhood includes:

- Weekly open coaching calls only for members of the community. Calls run 60-90 minutes and are recorded. **(Cross-talk encouraged.)**
- Secret Facebook group with my input. With input from other coaches. With input from other moms.
- Monthly live coach-a-thons. Get questions answered by me, live.

- TTBE Progress calls, open to you always, whenever you need them
- Weekly Insights - bite-sized recorded clips of powerful Love Another Way ideas, delivered straight to your inbox every Sunday
- Parental Alliance workshop - to help you present a “united front”
- Guest workshop recordings - an extensive library of people sharing their recovery journeys
- 3 x 30 min private calls with a coach, use anytime through the year (ideal for more personal or urgent issues)
- Your questions answered during special events (typically 2-3 times a year)
- Redo any of your programs whenever you like, as long as you’re a member
- Biweekly coach led calls on communication - what we say, how we say it
- Access to graduate level examples and guidance around setting Transformative Priorities, doing Boundary Retrospectives, and developing new, effective BBEEs for yourself.
- Conquering Codependency (3 self-study modules with invitations to monthly group coaching led by a very special therapist who specializes in codependency in the addiction world)

You are welcome to use as much — or as little — of the community resources as you wish. There are no requirements. No minimums. No maximums.

You can participate in every call and offering if that is right for you.

No expectations, other than that you do what works best for you.

Bonuses for joining:

First, as a member of The Community, you can retake TTBE, with full coach-led delivery, for as long as you’re a member.

In addition, you get one free “unlock” to one of our upcoming Coach-led live programs. Each program sells for \$997 and is offered once per calendar year.

As a TTBE Graduate you can choose to unlock one of the following programs instead:

- Transformative Communications
- Untangle Your Codependency
- Decode Addiction
- Mind Diseases

Heads up! If you want to attend multiple live programs per year, you can do so at a preferred “community member” rate. Or consider purchasing lifetime access to The Graduates' Community. Details below.

The Price:

The Graduates' Community is \$2997 per year or \$297 monthly. Save \$567 for full-pay.

SPECIAL LIMITED-TIME OFFER FOR NEW GRADUATES!

As a participant in TTBE, I want to recognize the investment you've already made in yourself and the work you've already done.

So, when you join The Graduates' Community **on or before your TTBE graduation date** — I'll credit your entire TTBE investment towards your investment.

Today you pay only \$1997 or \$197 monthly. Save \$367 for full-pay.

Plus, you'll lock this discounted rate for as long as you're a member.

OR:

Choose lifetime access to The Graduates' Community for \$4997 and enjoy unrestricted access to everything we offer, including all future live coach-led programs, special events and guest workshops.

How to join:

Go here for one year membership: <https://join.livewellandfully.com/ttbc-vip-11/>

USE COUPON: TTBC-ACTIVE-STUDENT **before your final graduation day** to save!

Go here for lifetime membership: <https://join.livewellandfully.com/ttbc-vip-12/>

Once you get signed up, you'll receive an email with instructions on next steps. Including a personal program walk-through call with one of our coaches.

If you have questions, email us at support@livewellandfully.com and we'll get you the answers you need.

Find a pocket of joy in your day today — you deserve it!

Barbara 🙏